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& mothers*

# Symphony® Breastpump

## Quick Instructions

### Assembling the Pump Set

It is very important that these components are cleaned thoroughly after every use.

-  Carefully push the membrane onto the valve head until it engages.
-  Push the breastshield onto the connector.
-  Push the valve head and membrane onto the connector → position valve head laterally.
-  Screw the bottle onto the connector.
-  Insert the tubing into the corresponding opening in the connector.
-  Place the protective membrane on a flat surface and carefully push the membrane cap down until it engages.
-  Insert the second end of the tubing into the opening in the membrane cap.
-  Press the membrane cap (during double pumping both membrane caps) properly onto the breastpump diaphragms.

**Note:** These short instructions are not a replacement for standard instructions. For cleaning of the pump set see standard instructions, REF 200.7068

### Use of the Breastpump




#### The Stimulation Phase

Check that the cable on the back of the breastpump is connected behind the cover with an arrow on it. Start the breastpump with the On/Off button. Pumping always starts at the same vacuum level. This is indicated by three drops on the display.



#### The Expression Phase

Switch between the Stimulation and Expression Phase in two ways:

- ① automatically, the breastpump switches after two minutes of the Stimulation Phase or
- ② manually, by pressing the right-hand button (  button) when you see milk flow.

When switching from the Stimulation Phase to the Expression Phase the vacuum level increases gradually within 4 seconds by adding three bars to the last stimulation setting.

#### Easy to switch between Stimulation and Expression.

When the breastpump automatically switches to the Expression Phase you can press the right-hand button to return to the Stimulation Phase. If milk has not begun to flow after two consecutive Stimulation Phases, take a break and try again after 15–30 minutes. Try breast massage (ask your lactation consultant or doctor) and then try to pump again using the Expression Phase.



#### Remembers the last vacuum setting in the Stimulation Phase.

A memory function remembers the last vacuum level in the Stimulation Phase. Adjust the vacuum during pumping by turning the button clockwise (increase) or counterclockwise (decrease).

# Cleaning, hygiene and troubleshooting

## Cleaning the pump set at home

### Caution!

**Only use drinking-quality water for cleaning. Take apart and wash all parts that come in contact with the breast and breastmilk immediately after use to avoid dry up of milk residues and to prevent growth of bacteria.**

### Before first use and after each use

- | Disassemble and handwash all parts of the pump set that have come into contact with the breast and breastmilk. Rinse in cold, clear water. Clean parts with plenty of warm water and basic dishwasher agent. Rinse parts with cold, clear water for 10–15 seconds. Dry parts with a clean cloth or leave to dry on a clean cloth.
- | Alternatively, the disassembled parts can be cleaned in the dishwasher, placing them on the top rack or in the cutlery section.

### Before first use and once a day

- | Disassemble, wash and rinse those parts which have come into contact with the breast and breastmilk. Be careful when separating the valve membrane, valve head and breastshield from each other.
- | Put the parts in a saucepan and fill it with cold water until the parts are well covered. Heat it up and allow to boil for 5 minutes.
- | Pour the water off and dry the parts with a clean cloth.
- | Alternatively, use our Quick-Clean bags in the microwave in accordance with the instructions.

### Hygiene

- | Wash hands thoroughly (at least one minute) with soap and water before touching the breast, clean pump parts and clean pump set. Avoid touching the inside of bottles and lids.
- | Wash the breast with water.

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## Care of tubing and troubleshooting

### Tubing care

#### If condensation has appeared in the tubing

- | Let the breastpump run with the tubing attached for approximately 1–2 minutes after you have completed pumping or until it is dry.

#### If milk has come into the tubing

- | Turn off the breastpump and unplug from power source.
- | Use a damp (not wet) cloth to wipe the pump and membrane area.
- | Remove and clean the tubing according to the instructions «Before first use and once a day».
- | Shake out any drops of water from the tubing and hang up to dry the tubing.
- | For faster drying, attach the tubing to the breastpump and run for 1–2 minutes or until the tubing is dry.
- | When components are completely dry, reassemble breastpump and accessories set.

### Troubleshooting

#### If the motor is not running

- | Check whether mains power/battery is available.
- | Check that the device is switched on.
- | Check whether program card is inserted correctly on back of the breastpump.

#### If there is poor suction or no suction at all, make sure that

- | The breastshield forms a complete seal around the breast and is the right size.
- | All connections of the pump set and breastpump are secure.
- | The white valve membrane lies flat against the yellow valve head.
- | The valve head and membrane are clean and not damaged.
- | The ends of the tubing are firmly connected to the connector and the opening in the membrane cap.
- | The protective membrane and membrane cap are correctly assembled and the membrane cap is firmly fitted to the breastpump membrane to form a seal.
- | The protective membrane is intact.
- | All components are completely dry.
- | The tubing is not kinked or trapped during expression.

Please visit [www.medela.se](http://www.medela.se) where you can read more about Medela's wide range of breastfeeding and breast-care products.